

Video Handy Campillo. Hermosillo, Sonora, México

J: Hi Handy here we are on our last session. (general intro to the questions). Since yours is a very successful process, your story is going to be on my webpage.

We need to know who you are, where do you live, what do you do and what drove you to begin this process. Also the objective you were aiming for and how was your experience, if you recommend this process. Then, go ahead!

H: Ok... I am Handy Campillo, from Hermosillo, Sonora, México, wife and mother. I wanted to begin working independently without leaving my family and myself apart. I have a project called "Lidera con Amor" around positive discipline.

Here at Mexico I try to get parents to raise their children in a positive way. The question was: how? How could I do this, manage my own agenda as a leader in DP for my community and still take care of my family? That is how we started it, right?

J: Yes

H: And so I saw that my objectives implied homework and more homework and more challenges... so, a small idea was turned into a big one but I was being aware of the process and being able to look after my family at the same time.

This project has grown a lot in Hermosillo and now we have families living in positive environments; I feel very happy doing something for my people, spreading the seed and having my balance just like we strategized on my coaching process. We even have developed a program to work on emotional intelligence and positive discipline with Liliana Machado and Jassel. This is what I liked the most of coaching: I had the chance to learn more about myself and how to be a better person. And this is related to positive discipline too, since we need to develop inner discipline first to reach our goals. This process has helped me to grow as a person. I recommend it to take a moment for ourselves, to get clarity about where to go, to take a deep breath and to get our goals efficiently.

J: Cool! Thanks Handy, I am very happy for our project and because you could obtain your goal of being a mother, housewife and a leader in your job. I am sure our project is going to touch many people.

H: Yes, of course it will.

J: It has been a pleasure working with you, thanks for all your trust in me.

H: It was a pleasure, thank you very much.