

## **Video Gabriela Benavides. Lima, Perú**

**J:** Hi Gaby (general intro) here we are on our last session. (intro to questions) Since yours is a very successful process, your story is going to be on my webpage. We need to know who you are, where do you live, what do you do and what drove you to begin this process. Also the objective you were aiming for, how was your experience and if you would recommend this process.

**G:** My name is Gabriela Benavides, I am from Lima, Perú. I am a teacher and a Certified Positive Discipline Parenting Educator and Classroom Educator. I decided to get coaching to know what else to do to get the maximum of workshops and the maximum of participants for my workshops on positive discipline.

**J:** Good.

**G:** My objective was the one I just described. These workshops were planned with my partner with 14 as the maximum number of participants. Then we developed some other specific objectives like: developing marketing strategies, analyzing my strengths and areas that I needed to work on; then about my experience, let me tell you it has been incredible! I was so happy that I usually waited anxiously for this moment of the week because I really enjoyed this process with my coach Jassel; it was learning and discovering altogether for me. I learned about myself as a person, as professional, and about my own goals. What I liked the most was the fact that every objective was made up of different steps and in order to reach it, I needed to work step by step in an organized manner through my homework in my coaching process. I really enjoyed your backing through the process and how you made me realize that my success was all about assuming my responsibility and doing what I have to do to get there. I definitely recommend this process because of all I have learned and because although the process lasted 1 ½ months I have planned activities and goals to be reached next year which helps you to get really organized, responsible and to have a schedule or plan to follow and obtain your purposes and all of these with the backing of a very helpful and nice coach.

**J:** Thanks for your trust in me Gaby; you were very responsible through this journey, this helped on reaching your goal and even exceeded it. I wish you the best and I feel confident that this dream of yours is going to be a total success.

**G:** Thank you very much.